Games Tiger’s Play Requirements

Complete Requirement 1 and 2 plus at least two others

1. Play two initiative or team-building games with the members of your den.
   a. Listen carefully to your leader while the rules are being explained and follow directions when playing.
   b. At the end of the game, talk with the leader about what you learned when you played the game.
   c. Tell how you helped by playing your part.
2. Talk with your den or family about why good nutrition helps you to be strong and active. Bring a nutritious snack to a den meeting. Share why you picked it and what makes it a good snack choice.
3. Make up a game with the members of your den and play it with den members. After playing the game, talk with your den about the experience.
4. Make up a new game and play it with your family or members of your den or pack. Then talk with the group about the experience.
5. Attend a sporting event with your den or family.
   a. Before or after the event, talk with a coach or athlete about what it is like to participate in the sport.
   b. OR Find out more about the sport and share what you've learned with your den or family members before or after the event.

Ideas for Adventure Requirements:

1. One Tiger Game that can be done virtually is called “Blindfold Drawing”.

   Game Description: One person is the artist and chooses a picture and holds the idea of their picture in their head. The other team members listen only to the words of the artist and try to draw what the artist describes. Pictures created in this way often cause uncontrollable laughter! If you want to have a little
more fun and make it a little more challenging, you can ask those who are drawing to close their eyes while doing so, making the drawing “double blind”.

For the initiative game part of requirement #1 and to fulfill requirements #3 and #4 A scout can create their own game! Making a game requires an idea, how to win, and rules. Let a scout’s mind run wild while they come up with and play a new game. It could be a twist on an old game-like hide and go seek in the house in the dark or their games could be entirely new. You can help this process by giving them random home items like a spatula, a few pennies and, a stuffed animal - see what they come up with. Then of course, play the game together!

2. Have your Tiger bring a sample of a snack for themselves and you from the fridge! Be sure to have healthy items available!

3. Now is a good time to contact a coach beforehand and find out what sporting event in the future would be good to attend and to set-up a meeting with him/her. A live sporting event is not necessary for the requirement so searching for a favorite game that you remember online to watch is a great idea. Here is a video to find out more about Soccer [https://tinyurl.com/Soccer-Drills-for-Kids](https://tinyurl.com/Soccer-Drills-for-Kids)