



Mountain Lion Requirements

- Gather the outdoor items you need to have with you when you go on an outdoor adventure and understand how they are used. Also understand and commit to practicing the buddy system.
- Learn what SAW (Stay, Answer, Whistle) means. Demonstrate what you can do to stay safe if you become separated from the group when you are outdoors.
- Demonstrate an understanding of respect for animals and nature when participating in a learning hike.

Ideas for Adventure Requirements

- Gather items for the *Pick and Choose* Game and play with the Lion Scout. (Cub Scout Six Essentials: 1st Aid Kit, flashlight, filled water bottle, trail food, sun protection, whistle; plus several other miscellaneous items that do not belong in the kit, such as a flying disc, small hand tools, toy, bandanna, etc.) Place the Six Essentials as well as several other items on a table. Have the Lion Scout come to the table and pick out six items they think should take with them on an outdoor activity. If they make incorrect choice, help guide them toward making the correct choice.
- Present the buddy system by explaining that Scouts of any age never go anywhere without their buddies. We always use the buddy system when we are on any kind of outing. This helps keep us safe. You watch out and help your buddy and your buddy does the same for you. You should always be close by your buddy. Also point out that more than two buddies can be in a group if the numbers are uneven.
- In the event a Lion Scout is separated from the group during an outing, they need to know how to keep safe. Help Lions learn “SAW” and have them practice so they commit it to memory.
 - S = STAY put! If you move around, you make it harder for people to find you
 - A = If you hear your name being call, ANSWER!
 - W = Blow your WHISTLE. If you try to use your voice to call for help, you will become hoarse and no one will be able to hear you. But they can hear your whistle. Blow every so often.

Once you have explained SAW, demonstrate the three SAW principles while the Lion Scout watches. Then have the Lion Scout practice SAW. If you are in an outdoor environment, you can have them hide behind trees, etc. Be aware that an emergency whistle is very loud and should never be blown near another person or at full volume when practicing.