

Webelos Adventure: First Responder

Complete 1 and at least five others.

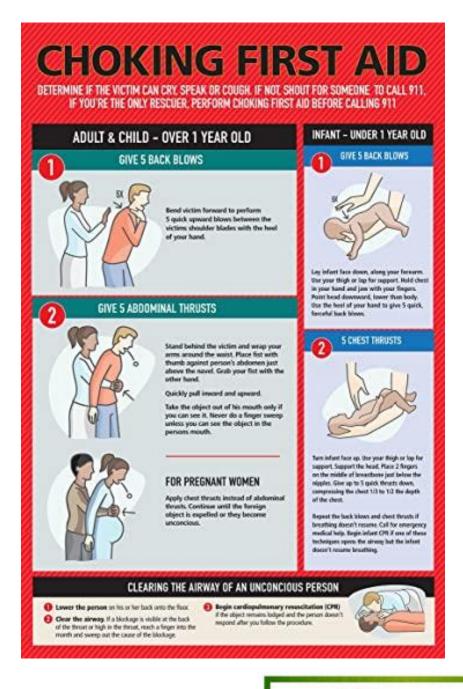
- 1. Explain what first aid is. Tell what you should do after an accident.
- 2. Show what to do for hurry cases of first aid: Serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning
- 3. Show how to help a choking victim.
- 4. Show how to treat for shock.

• 5. Demonstrate how to treat at least five of the following: A. Cuts and scratches, B. Burns and scalds, C. Sunburn, D. Blisters on the hand or foot, E. Tick bites, F. Bites and stings of other insects, G. Venomous snakebites, H. Nosebleed, I. Frostbite

- 6. Put together a simple home first-aid kit. Explain what you included and how to use each item correctly.
- 7. Create and practice an emergency readiness plan for your home or den meeting place.
- 8. Visit with a first responder or health care professional.



Helpful Resources



- Place the victim in shock position
- Keep the person warm and comfortable
- Turn the victim's head to one side if neck injury is not suspected





When dealing with hurry cases, remember the three C's.

- Check: Make sure the area is safe for you. Then check the victim to identify the problem. Is the victim breathing or moving? Tap the victim's shoulder and ask, "Are you OK?" Does the victim respond?
- Call: Call 911. Call out for for help, or send someone for help.
- Care: Care for the victim to the best of your ability while you wait for help to arrive. Some of the steps in treating hurry cases require special training to perform, but it's important to know what they are.