



Floats and Boats

Complete Requirements 1-4 plus at least one other.

1. With your den, say the SCOUT water safety chant.
2. With your den, talk about why it's important to have a buddy and then play the buddy game.
3. Show how to safely help someone who needs assistance in the water, without having to enter the water yourself.
4. Show how to enter the water safely, blow your breath out under the water, and do a prone glide.
5. Identify five different types of boats.
6. Build a boat from recycled materials, and float it on the water.
7. Show that you can put on and fasten a life jacket correctly.

Helpful resources and links:

SCOUT Water Safety Chant

S is **Someone's** watching.
Never swim alone.

C is **Check** the rules.
Know where you can roam.

O is **Only** buddies
should go far from the shore.

U is know what **"U"** can do
Don't do any more.

T is **Tell** a grown-up
if someone's in need.

SCOUT shows safety
Now you take the lead.

HOW TO PROPERLY FIT A LIFE JACKET

1 CHECK LIFE JACKET LABEL FOR THE APPROPRIATE WEIGHT OR CHEST SIZE.
The life jacket label will indicate the size and weight of the intended user. Make sure the wearer is within these ranges. Verify that the life jacket label states it is "Coast Guard approved."

2 PUT THE LIFE JACKET ON.
Inspect the life jacket for wear and tear. Warning signs include rips and missing or broken buckles or straps.

3 BUCKLE ALL STRAPS AND TIGHTEN OR ZIP UP ALL ZIPPERS.
Make sure all straps can be buckled and zippers zipped. Don't forget the crotch strap if there is one!

4 HAVE THE WEARER LIFT THEIR ARMS OVER HEAD AND GENTLY LIFT THEM BY THE TOP OF THE LIFE JACKET ARM OPENINGS.
If the jacket rides up above their ears, it's too big. If the straps or zippers don't close, the jacket is too small.

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